

MEDI-COG

Mini-Cog[®] Scoring – 5 Point System – Methods may be updated. Copyright noted.

1. Three Item Recall

2. Clock Draw Task

Mini-Cog __/5 Score

Medication Transfer Screen (MTS) – 5 Point System

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		Award one point per instruction correctly followed.
Morn	1+1	1+1	1+1	1+1	1+1	1+1	1+1		
Noon	1	1	1	1	1	1	1		
Eve	1	1+2	1	1+2	1	1+2	1		
Bed	1	1	1	1	1	1	1+1/2		

Total number of pills on Saturday 5-1/2 1

Point awarded only if entire row is correct. Saturday pill count reflects simple addition; one point if column added correctly.

Medication Transfer Screen Score __/5 Score

Medi-Cog Score (Mini-Cog + Med Transfer) __/10 Score

Medi-Cog Administration: On the **MTS form**, the **Mini-Cog** is performed on the top half or on the back of the sheet of paper. **The Medication Transfer Screen (MTS)** has four prescriptions and a counting skill. The grid represents a pillbox. Explain to the patient that the instructions may be new to them and offer reassurance that questions will be answered at the end. Explain the exercise is not about his/her medications. Point to each instruction (don't read it), so they know there are 5 tasks, but do not prompt them to do it if they forget task 5 – this is also an evaluation for memory. Read the Example and show how “1” is drawn to represent each pill being placed into the bedtime compartments and have them finish marking in the bedtime tablets for the entire week. Encourage completion of each prescription instruction before proceeding to the next. During screening, step away so the patient can complete the MTS independently within ~five minutes. Stop if the patient becomes frustrated and offer reassurance. The screen is not diagnostic, but provides objective data to strengthen clinical judgment regarding the patient's memory and abilities to interpret prescriptions and accurately load a pillbox.

Scoring: The Medi-Cog score consists of the Mini-Cog[®] score (up to 5 points) and the MTS (up to five points). Each of the five instructions is worth 1 point. Not completing an instruction or performing it incorrectly scores a zero. There are a total of 10 possible points in the Medi-Cog. An 8/10 score may indicate adequate skills depending on the risk level of the regimen. Deference to professional judgment is important in high risk regimens.

TRANSFERRING MEDICATION TO A PILLBOX

On the table below write the number of pills as instructed into the correct compartments:

Example: TAKE ONE TABLET EVERY DAY AT BEDTIME

1. TAKE ONE TABLET EVERY DAY IN THE MORNING
2. TAKE ONE TABLET 3 TIMES DAILY WITH MEALS
3. TAKE TWO TABLETS M-W-F IN THE EVENING
4. TAKE ONE-HALF TABLET ON SATURDAY AT BEDTIME

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morn							
Noon							
Eve							
Bed	1	1	1	1			

5. How many pills total are in the pill box for the entire day of Saturday? _____