**Home Study Timestamp Template – Example**

Blank Template is available on page 2

**Activity Title:** Asthma Example Activity

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Module Identifier**  (internal, not displayed) | **Title** | **Activity Type** | **Length** | **Counts towards Completion** | **Notes** |
| OPTIONAL: Use this column to create a unique identifier | Title for Activity #1: Each activity should be on a separate line. Activities may include, watching a video, answering questions, readings, etc. | Indicate what type of educational activity | Estimate of how long this activity will take for the average participant | Yes or No  When calculating number of CE Hours, only count activities required for completion | OPTIONAL: For any relevant Notes |
| Example\_01\_Content | Asthma Device Types | Video | 0:13:00 | Yes |  |
| Example\_02\_AL | Active Learning | MC Questions | 0:02:00\* | Yes | 2 MC Questions |
| Example\_03\_Content | Article (include citation of article) | Reading | 0:10:00 | Yes | Used Workload Estimator |
| Example\_04\_AL | Active Learning - Case Study | Case Study | 0:05:00\* | Yes | Case with 1 calculation |
| **Sub-total** |  |  | **0:30:00** |  |  |
| **CE Approval Contact Hours** |  |  | **0:30:00** |  |  |

\*The Office of Continuing Education uses the following time estimates for different question types (you can use your own estimates if applicable):

* 30 seconds per true-false item
* 1 minute per multiple choice item
* 2 minutes for case-based multiple-choice item and/or with data interpretation
* 2 minutes per multiple answer item
* 5 minutes per short answer item
* 10-15 minutes per essay question

NOTE: More time is needed for questions that require higher levels of thinking.

You can use the **Workload Estimator from Forest University** to assist you in calculating time for different activities including readings, discussions, studying, etc.: <https://cat.wfu.edu/resources/tools/estimator2/>

**Home Study Timestamp Template**

**Activity Title:**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Module Identifier**  (internal, not displayed) | **Title** | **Activity Type** | **Length** | **Counts towards Completion** | **Notes** |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
| **Sub-total** |  |  |  |  |  |
| **CE Approval Contact Hours** |  |  |  |  |  |

You can use the **Workload Estimator from Forest University** to assist you in calculating time for different activities including readings, discussions, studying, etc.: <https://cat.wfu.edu/resources/tools/estimator2/>