Become a Falls Champion: A Pharmacist's Primer for Preventing Falls in Older Adults

**Universal Activity Number:** 0025-0000-17-201-L05-P (Application)

**Credit Hours:** 1.5 (0.15 CEU)

Accidental falls in older adults is a growing public health concern. By providing patient education on Fall Risk Increasing Drugs (FRIDs), pharmacists can help reduce falls in the community.

**Target Audience:** Pharmacists and pharmacy technicians. Students are welcome to attend.

**Learning Objectives**

1. State the health, economic, and social consequences of falls in older adults
2. Explain the importance of the pharmacist’s involvement in falls prevention initiatives
3. Identify the classes of Fall Risk Increasing Drugs (FRIDs) and their mechanisms of causing falls
4. Describe five categories of falls prevention initiatives: educational brochures, fall risk screening, counseling, targeted medication reviews, and comprehensive medication reviews
5. Given various scenarios, identify the most suitable falls initiative for the patient and develop an appropriate action plan

**Webinar Dates**

Friday, January 27, 2017 from 12-2 pm
Thursday, February 23, 2017 from 7-9 pm
Thursday, March 9, 2017 from 7-9 pm

This educational seminar is part of a larger research study that is being conducted by the Peter Lamy Center on Drug Therapy and Aging at the University of Maryland School of Pharmacy.

**For more information about the study, requirements for participation, and registration, please visit**
https://sites.google.com/site/fallschampion/registration-form-1.

**There is no cost to participate in this activity**

The University of Maryland School of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. This activity meets ACPE criteria for 1.5 hours (0.15 CEU) of continuing education credit. Statements of credit will be posted to CPE Monitor within three weeks for participants who successfully complete the activity. Successful completion of this activity requires your signature on the sign-in sheet, the completion of an online activity evaluation form, and participation in the entire activity. The online activity evaluation must be completed within three days following the conclusion of the activity. This activity is fully sponsored by the University of Maryland School of Pharmacy.