

Charting the Course of Post-Acute and Long-Term Care Medicine

MMDA ANNUAL MEETING/CONFERENCE

Friday, November 9, 2018

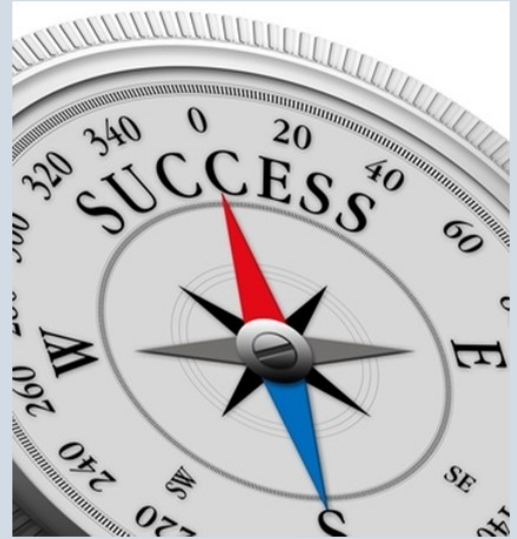
***Conference Registration
Sessions & Reception***

and

Saturday, November 10, 2018

***Educational Program
Interactive Sessions
Luncheon & Annual Business Meeting***

**~ Maritime Conference Center ~
692 Maritime Boulevard
Linthicum Heights, MD 21090**



MMDA is the regional — Delaware, Maryland, and Washington D.C. — affiliate chapter of AMDA, The Society for Post-Acute and Long-Term Care Medicine, supporting medical directors, physicians, nurse practitioners, and other clinicians practicing in the long-term care continuum. MMDA provides education, advocacy, information, and professional development for our members.

Accreditation Statement

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of AMDA—The Society for Post-Acute and Long-Term Care Medicine and the Mid-Atlantic Society for Post-Acute and Long-Term Care Medicine, Inc. The AMDA—Society for Post-Acute and Long-Term Care Medicine is accredited by the ACCME to provide continuing medical education for physicians.

Continuing Education Credits

This live activity is approved for a maximum of 10 *AMA PRA Category 1 Credits*[™]. Physicians should claim credit commensurate with the extent of their participation in the activity.

CMD Credit Statement

This live activity has been pre-approved by the American Board of Post-Acute and Long-Term Care Medicine (ABPLM) for a total of **6.5 management hours** and **3.5 clinical hours** toward certification as a Certified Medical Director (CMD) in post-acute and long-term care medicine. The CMD program is administered by the ABPLM. Each physician should claim only those hours of credit actually spent on the activity.

AANP Contact Hours for Nurse Practitioners

This activity is approved for 10.5 contact hour(s) of continuing education (which includes 3.5 hours of pharmacology) by the American Association of Nurse Practitioners. Activity ID 18093371. This activity was planned in accordance with AANP Accreditation Standards and Policies.

Hotel Reservations

The Hotel offers a single/double occupancy rate of \$119 per night for MMDA conference attendees. For reservations, contact the Maritime Conference Center: 410-859-5700 or 1-866-900-3517 and reference MMDA Conference.

Cancellation Policy

All registration cancellations must be made in writing to MMDA. Notices should be e-mailed to: mmdawebsite@gmail.com or faxed to 410-385-0154, Attention: Registrar. Cancellations received by October 20, 2018 will receive a refund minus the \$50.00 administrative fee. Cancellations received after October 20, 2018 up to November 1, 2018 will be refunded one-half of the registration fee. Fees will be refunded the same way they were paid to MMDA. Please allow four to six weeks for delivery of refund if payment was made by check. Cancellations after November 1, 2018 will result in the forfeiture of all registration fees. If you do not attend, you forfeit all registration fees. Partial or full registration fees that have been forfeited will not be applied to subsequent meetings and events. Absolutely no exceptions will be made to the cancellation policy.

Conference Registration

I am a: _____ Physician _____ Medical Student
(Please check one) _____ Nurse Practitioner _____ Medical Resident
_____ Nurse _____ Fellow
_____ Physician's Assistant _____ Administrator/Administrative staff
_____ Other Allied Health Professional, list here: _____

Name: _____ Phone: _____

Address: _____

City/State/Zip: _____

Fax: _____ Email: _____

Dietary restrictions: _____

Registration Fees (Please check one)

_____ MMDA Members: **\$195**

_____ Non-Members: **\$225**

_____ Fellows - **No fee**

_____ Residents - **No fee**

_____ Students - **No fee**

I am renewing/joining MMDA for 2019:

1-year membership

_____ MEMBER - **\$100** (physicians, NPs, and PAs in practice)

_____ AFFILIATE - **\$50** (Nurses, DONs, DDS, CNS, DPM, and trainees in all disciplines)

Total fees and/or dues enclosed: \$ _____.

_____ Payment by check enclosed.

_____ Payment submitted online www.midatlanticmda.org.

_____ Payment by credit card below.

Make all payments payable to Maryland
Medical Directors Association and mail to:
MMDA, ATTN: Lisa Williams
1211 Cathedral Street, 3rd Floor
Baltimore, MD 21201-5516
Phone: 410-625-0022 Fax: 410-975-4625
Email: mmdawebsite@gmail.com

_____ Visa Name on Card: _____

_____ MasterCard Card Number: _____

_____ American Express Expiration: _____ Security Code (3 or 4 digits): _____

Billing Address Zip Code: _____ Phone: _____

Fax: _____ Email: _____

Cardholder's Signature: _____

For Office Use

Registration rec'd: _____ By: _____ Notes: _____

~ Friday, November 9, 2018 ~

SESSION	SPEAKER(S)	TIME	OBJECTIVES
Registration/Exhibits		3:00 pm	
How to Think About Patient Care in Current Times	Steve Levenson, MD John Loome, MD	3:30 pm - 5:00 pm	<ol style="list-style-type: none"> 1. Identify strategies to implement meaningful, sustained improvement in a nursing facility, using efficient and effective clinical and management strategies; 2. Identify and address challenges to improvement, including the major impact of cognitive biases on care quality; 3. Clarify the critical role of medical directors and practitioners in leading a nursing home to analyze and improve its approaches to care.
Gait and Balance Training: Challenges and Therapies	Amanda Leonard, PT, DScPT, NCS Dang Nguyen, MD	5:00 pm - 6:30 pm	<ol style="list-style-type: none"> 1. Understand medical factors contributing to challenges in gait and balance; 2. Discuss the role of non-pharmacologic therapy in rehabilitation and pain.

~ Saturday, November 10, 2018 ~

Registration/Exhibits		7:30 am	
All Aboard: Pain Management - CDC Guidelines and Appropriate Use of Opioids	Fatima Sheikh, MD Alva S. Baker, MD	8:00 am - 10:00 am	<ol style="list-style-type: none"> 1. Discuss pain management in the context of patient assessment; 2. Understand Centers for Disease Control guidelines for appropriate and effective prescribing.
Antibiotic Stewardship: Quality Assurance and Performance Improvement (QAPI) at Your Fingertips	Morgan Katz, MD	10:30 am - 11:30 am	<ol style="list-style-type: none"> 1. Explain how to prescribe antibiotics safely; 2. Discuss the purpose and implementation of the antibiotic stewardship program; 3. Learn how to incorporate the QAPI process in daily practice.
Lunch/Annual Business Meeting		12:00 pm - 12:30 pm	
Navigating the Choppy Waters of Medical Cannabis	William Shaughnessy, Jr., JD Francisco Ward, DO	12:30 pm - 1:30 pm	<ol style="list-style-type: none"> 1. Understand laws regarding medical cannabis; 2. Discuss medical cannabis and its implications for senior patients.
Update: OHCQ	Rachelle Pierre-Matthieu, MD	1:30 pm - 2:15 pm	<ol style="list-style-type: none"> 1. Review the role of OHCQ and present updates in monitoring, licensing, and certification of care facilities; 2. Identify strategies for medical directors to implement to prevent deficiencies in clinical care.
Critical Role of Leadership in Managing Day-to-Day and Complex Situations	Joanna Frankel, LCSW-C Harold Bob, MD Mary Evans, MD Renee Joyner, MA Barry Grofic, MA	2:15 pm - 3:45 pm	<ol style="list-style-type: none"> 1. Outline strategies for effective management of difficult cases in changing populations in long-term care; 2. Integrate conflict resolution and other problem solving tools in managing diverse populations in long-term care.
Destination Wellness: Smooth Sailing for All	Martin Rusinowitz, MD	4:00 pm - 5:00 pm	<ol style="list-style-type: none"> 1. Provide an overview of factors contributing to and consequences of burnout and depression; 2. Provide an overview of resources to enhance professional well-being.
Conference Concludes		5:00 pm	

MMDA
1211 Cathedral Street, 3rd Floor
Baltimore, MD 21201-5516

Don't Miss the 2018 MMDA Annual Meeting/Conference!!



Topics Include :

- ⇒ *How to think About Patient Care in Current Times*
- ⇒ *Gait and Balance Training: Challenges and Therapies*
- ⇒ *All Aboard: Pain Management - CDC Guidelines and Appropriate Use of Opioids*
- ⇒ *Antibiotic Stewardship: Quality Assurance and Performance Improvement (QAPI) at Your Fingertips*
- ⇒ *Navigating the Choppy Waters of Medical Cannabis*
- ⇒ *Update: OHCQ*
- ⇒ *Critical Role of Leadership in Managing Day-to-Day and Complex Situations*
- ⇒ *Destination Wellness: Smooth Sailing for All*

Be one of the first 50 registrants and you could win a "gift card basket of cheer!" Only one (1) winner from the first 50 registrants. Winner to be announced at the meeting; you MUST be present to accept the prize; no exceptions.