Johns Hopkins Division of Geriatric Medicine and Gerontology

presents

Edmund G. Beacham 46th Annual

Current Topics in Geriatrics



Special Pre-Conference Session EMBRACING PRIMARY CARE Wednesday, March 6, 2019 Johns Hopkins Bayview Medical Center 5:30 p.m. – 7:30 p.m. PRE-REGISTRATION REQUIRED TO ATTEND

Dr. Beacham's vision when he developed the course in 1972 was to provide scientifically-based practical, clinical talks focused on improving the health care of individual seniors. It is in that spirit that we dedicated Topics in Geriatrics to his memory when he died in May 2008 at the age of 93. Through this and subsequent courses, we will bring together many of his trainees and colleagues to give the sort of talks he demanded.

This activity has been approved for AMA PRA Category I Credits™.



Description

As the elderly population continues to increase and live longer, it is imperative that high quality continuing education in the care and management of seniors is available. Many physicians and other health care providers have received little or no formal geriatrics training, despite this growing trend in the number of elderly patients. Surveys demonstrate that health care professionals commonly report many challenges in providing care to the elderly, especially in the primary care setting. Further, studies evaluating standard quality indicators for the care of the vulnerable elderly show adherence that is not yet ideal.

The Edmund G. Beacham Annual Current Topics in Geriatrics course will provide practical information to clinicians and other health care professionals who care for elderly patients. The course will improve knowledge about diseases and syndromes common in seniors and offer practical and effective guides to management of the complex older patient.

Who Should Attend

This activity is intended for geriatricians, internists, family practitioners, physician assistants, nurses, nurse practitioners, social workers, pharmacists and other health professionals involved in caring for seniors.



Objectives

After attending this activity, the participant will demonstrate the ability to:

- Recognize common geriatric syndromes and initiate treatment for these syndromes.
- Identify approaches to and limits of management of specific disease of organ systems that are common in the elderly, e.g. Alzheimer's Disease, hypertension and diabetes.
- Describe important research developments that influence the clinical care of geriatric patients.
- Describe the dynamic nature of current support of primary care practice for seniors and the opportunities to improve quality of care.

Accreditation Statement

The Johns Hopkins University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.



Credit Designation Statement

The Johns Hopkins University School of Medicine designates this live activity for a maximum of 20.25 AMA PRA Category 1 CreditsTM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nursing Credit

American Nurses Credentialing Center (ANCC) accepts AMA PRA Category I CreditTM from organizations accredited by the ACCME.

American Academy of Nurse Practitioners National Certification Program accepts AMA PRA Category I Credit[™] from organizations accredited by the ACCME.

Other Credit

American Academy of Family Physicians (AAFP)

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

The Maryland Board of Social Work Examiners certifies that this program meets the criteria for 20.25 credit hours of Category 1 or 2.0 CEUs of continuing education for social workers and associates licensed in Maryland. The Johns Hopkins University School of Medicine is an approved sponsor of the Maryland Board of Social Work Examiners for continuing education credits for licensed social workers in Maryland. **National Commission on Certification of Physician Assistants** PAs may claim a maximum of 20.25 Category 1 credits for completing this activity. NCCPA accepts AMA PRA Category 1 CreditTM from organizations accredited by the ACCME or a recognized state medical society.

Maryland Board of Pharmacy credit is pending approval.

MOC Statement

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn



up to 20.25 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Policy On Speaker And Provider Disclosure

It is the policy of the Johns Hopkins University School of Medicine that the speaker and provider globally disclose conflicts of interest. The Johns Hopkins University School of Medicine OCME has established policies in place that will identify and resolve conflicts of interest prior to this educational activity. Detailed disclosure will be made prior to presentation of the education.

REGISTRATION March 6, 2019

Johns Hopkins Bayview Medical Center, Asthma and Allergy Center Pre-Conference Session

REGISTRATION March 7, 2019

Baltimore Marriott Inner Harbor at	imore Marriott Inner Harbor at Camden Yards	
Special Breakfast Session	7:00 am – 7:30 am	
Annual Topics Course	9:00 am – 9:55 am	

Location

Baltimore Marriott Inner Harbor at Camden Yards

110 South Eutaw Street	(410) 962-0202
Baltimore, Maryland 21201	FAX: (410) 625-7892
Web Site: www.baltimoremarriottinnerhar	bor.com

Parking Information

Commuter parking is \$30 daily at the parking garage located at the entrance of the hotel on Eutaw Street.

Fees

Methods of Payment:

We require full payment prior to the start of the activity. On-site payments by credit card only. For registrations that must pay by one company check, please call (410) 955-2959 for special instructions. The registration fee includes instructional materials, continental breakfasts, and refreshment breaks.

Physicians
Residents*/Fellows*/Nurses/Allied Health Professionals\$450

*with verification of status

You will receive a confirmation by e-mail. If you have not received it by **March 1, 2019** call (410) 502-9636 to confirm that you are registered. A transcript of attendance will be available upon attestation of your credit hours and submission of the post activity online evaluation.

The Johns Hopkins University reserves the right to cancel or postpone any activity due to unforeseen circumstances. In this event, the University will refund the registration fee but is not responsible for travel expenses. Additionally, we reserve the right to change the venue to a comparable venue. Under such circumstances registrants will be notified as soon as possible.

Late Fee and Refund Policy

A \$50 late fee applies to registrations received after 5:00 p.m. ET on **March 1, 2019**. A handling fee of \$50 will be deducted for cancellation. An additional fee may apply for cancellation of other events, including workshops and social activities. Refund requests must be received by fax or mail by March 1, 2019. No refunds will be made thereafter. Transfer of registration to another Johns Hopkins activity in lieu of cancellation is not possible.

Syllabus

5:00 pm - 5:30 pm

(800) 228-9290

All registrants will receive a flash drive with the slides and paper for note-taking. This is included in the cost of your registration. A link to the syllabus will be provided via email shortly before the activity if you want to print the syllabus.

Hotel and Travel Information

HOTEL RESERVATION CUT-OFF DATE: FEBRUARY 3, 2019 A limited block of sleeping rooms has been reserved for your convenience and will be available on a first come, first served basis.

The Baltimore Marriott Inner Harbor at Camden Yards hotel offers a convenient and central location in the heart of Baltimore. Located on the west side of the Inner Harbor, this contemporary hotel provides easy access to Baltimore's Inner Harbor and National Aquarium. To book your reservation

http://bit.ly/BMIHCY or call the hotel directly at (800) 468-3571 and specify that you are attending the Johns Hopkins Current Topics in Geriatrics to receive the special group rate \$152 single or double, plus tax. On-site parking is available at an additional charge. Check-in time is 4:00 p.m. Check-out time is 12:00 noon.

How to Obtain Credit

Post activity, an online evaluation form will be available to attendees to evaluate the activity and individual presentations and to identify future educational needs. Upon completion of the evaluation, the learner must attest to the number of hours in attendance. Credits earned will be added to the learner's transcript and immediately available for print. **The last day to access the evaluation and attest to your credits is April 23, 2019.**

An outcome survey will be sent to all physician attendees within two months post activity to assist us in determining what impact this activity had on the learner's practice.

Emergency Calls

During the days of this activity only, March 7–9, 2019, direct emergency calls to (410) 962-0202. Messages will be posted for participants.

Americans with Disabilities Act

The Johns Hopkins University School of Medicine fully complies with the legal requirements of the ADA and the rules and regulations thereof. *Please notify us if you have any special needs*.

We wish to acknowledge the support of the Johns Hopkins Geriatric Workforce Enhancement Program.

To Register or For Further Information

Register Online

https://hopkinscme.cloud-cme.com/aph.	aspx?P=5&EID=14936
Register by Phone	
Register by Fax	
Confirmation/Certificates/Transcripts	
General Information	
E-mail the Office of CME	cmenet@jhmi.edu

Follow us on Twitter: http://twitter.com/HopkinsCME Facebook: http://www.facebook.com/HopkinsCME

Cloud**CME**

Check out our mobile app CloudCME. Organization Code: HopkinsCME

For website and CloudCME mobile app technical difficulties, email: cmetechsupport@jhmi.edu

Sponsoring Department Website: http://www.hopkinsmedicine.org/geriatric_medicine_gerontology

Program

Wednesday, March 6, 2019

PRE-CONFERENCE SESSION:

There is no additional fee to attend, however, registration is limited and pre-registration is required. Onsite registration cannot be accepted.

This session will be held at the Johns Hopkins Bayview Medical Campus, Asthma and Allergy Building, 5501 Bayview Circle, Baltimore, Maryland 21224. If you are staying at the Baltimore Marriott Inner Harbor Hotel, round-trip transportation will be provided.

5:00pm - 5:30pm	Registration
5:30pm – 7:30pm	Embracing Primary Care
	Colleen Christmas, MD and Jessica Colburn, MD

Thursday, March 7, 2019

SPECIAL BREAKFAST SYMPOSIUM: JOHNS HOPKINS GERIATRIC WORKFORCE PROGRAM (GWEP) SPONSORED SESSION There is no additional fee to attend, however, registration is limited and pre-registration is required.

7:00am – 7:30am	Registration and Breakfast
7:30am – 9:30am	Caring for the Caregiver: The Importance of Recognizing Those Caring for a Person with Dementia Sevil Yasar, MD, PhD, Mary Dibartolo, PhD, MBA, RN-BC, CNE, FGSA Loretta Woodward Veney and Andrea Nelson, RN, MSN
9:00 – 9:55	Annual Course Registration and Continental Breakfast
9:55 - 10:00	Welcome and Conference Overview Jessica Colburn, MD
10:00 - 10:30	Dementia Diagnosis – Guiding Therapy Esther Oh, MD, PhD
10:30 - 11:00	Detecting Depression in a Patient with Dementia Susan Lehmann, MD
11:00 – 11:15	Panel Discussion Esther Oh, MD, PhD and Susan Lehmann, MD
11:15 – 11:30	Refreshment Break
11:30 - 12:30	CLINICAL CASE SESSION 1
	A. Addressing Behavioral Health Concerns in Primary Care Practice Kim Burton, BA, I. Grace MacEwen, LCSW-C and Jin Hui Joo, MD
	B. Clinical Tools in Assessing Cognition – Putting it all Together Halima Amjad, MD, MPH
	C. Wound Care 101 William Greenough, MD, Kelly Carnaggio, RN, LDN, CWCN and Cynthia Shephard, MSN, RN, CWOCN
	D. Challenges and Cherished Stories in Dementia Care in Assisted Living Facilities Ashleigh Hicks, MD and Maria Baxter, CRNP
	E. When Behaviors Escalate Beyond Behavioral Therapies – Prescribing Medications for Person's with Dementia Christopher Marano, MD
	F. Putting the BEERS Card to Clinical Use Nicole Brandt, PharmD, MBA, BCGP, BCPP, FASCP
	G. Defining and Implementing a QI Project in Your Practice Maura McGuire, MD, FACP, CPC

Thursday, March 7, 2019 (Continued)

12:30 – 1	1:45	Lunch on your own
1:45 – 2	2:15	Advance Care Planning Danielle Doberman, MD, MPH
2:15 – 2	2:45	Giant Cell Arteritis – Pearls for the Generalists Rebecca Manno, MD, MHS
2:45 – 3	3:15	Vaccinations – What do we Need to Order for our Older Adult Patients Khalil Ghanem, MD, PhD
3:15 – 3	3:35	Panel Discussion Danielle Doberman, MD, MPH, Rebecca Manno, MD, MHS and Khalil Ghanem, MD, PhD
3:35 - 3	3:50	Refreshment Break
3:50 - 4	4:50	CLINICAL CASE SESSION 2
		A. Establishing Goals of Care in a Person with Dementia Danielle Doberman, MD, MPH and Christina Prather, MD
		B. When Your Patients GAIT is Off – What Could it Mean? Stephen Reich, MD, FAAN
		C. Social Isolation Thomas Cudjoe, MD, MPH, Avis Crayton, LCSW-C Carrie Perfectto, CRNP and Maia Holden, CRNP
		D. Antibiotic Stewardship Khalil Ghanem, MD, PhD
		E. Capacity vs. Competency Kanwal Awan, MD, Mattan Schuchman, MD, Haroon Burhanullah, MD, Tyna Nantz, LBSW and Tristen Kvedar, MS, OTR/L
		F. Advance Care Planning Naaz Hussain, MD and Jessica Colburn, MD
		G. Delirium in Outpatient Setting Pamela Mahoney, CRNP and George Hennawi, MD

Friday, March 8, 2019

7:30 - 8:00	Continental Breakfast
8:00 - 8:30	Antithrombotics – Which One to Use Jessica Merrey, PharmD, MBA, BCACP, BCPS, BCGP
8:30 - 9:00	Aspirin Trials – Now What Do We Do? Stephanie Ozalas, PharmD, BCPS, BCGP
9:00 – 9:30	Management of the Older Adult with Congestive Heart Failure Sammy Zakaria, MD, MPH
9:30 - 9:50	Panel Discussion Jessica Merrey, PharmD, MBA, BCACP, BCPS, BCGP, Stephanie Ozalas, PharmD, BCPS, BCGP and Sammy Zakaria, MD, MPH
9:50 - 10:05	Refreshment Break
10:05 - 11:05	Your Role in the Opioid Crisis Michael Fingerhood, MD
11:05 - 11:10	Move to Clinical Case Sessions
11:10 - 12:10	CLINICAL CASE SESSION 3
	A. Opioid Abuse and Misuse Ryan Graddy, MD
	B. Transitions in Care Alicia Arbaje, MD, MPH, PhD, Philip Magidson, MD and Fatima Sheikh, MD
	C. Falls in Older Adults Melissa Morgan-Gouveia, MD and Dennis Klima, PT, MS, PhD, SPT, GSC, NCS
	D. Annual Wellness Visit – Putting it into Practice Jessica Colburn, MD and Stephanie Nothelle, MD
	E. Deprescribing Benzodiapzepines Susan Lehmann, MD, Erin VanMeter, PharmD, BCACP, and Ariel Green, MD, MPH
	F. Probiotics – What Do We Tell Our Patients? Emily Heil, PharmD, BCPS, AQ-ID, AAHIVP
	G. Back to Basics: Physical Exam in Older Adults Brian Garibaldi, MD
12:10 – 1:30	Lunch on your own
1:30 – 2:30	BEACHAM LECTURE: Age-Friendly Health Systems: A Call to Action Annette Medina- Walpole, MD
2:30 - 2:45	Refreshment Break
2:45 – 3:15	Three Questions for the Urologist James Wright, MD
3:15 – 3:45	Three Questions for the Hematologist Satish Shanbhag, MBBS, MPH
3:45 – 4:15	Hypertension Management in Older Adults – Putting All the Pieces in the Puzzle Thomas Finucane, MD
4:15 – 4:35	Panel Discussion James Wright, MD, Satish Shanbhag, MBBS, MPH and Thomas Finucane, MD
4:35 – 5:20	Cannabidiol (CBD) What Should We Be Telling Our Patients When They Ask? JoAnn Coleman, DNP, ACNP, AOCN, GCN Ryan Costantino, PharmD, BCPS

Saturday, March 9, 2019

7:30 - 8:00	Continental Breakfast
8:00 - 8:30	Diabetic Management Thomas Finucane, MD
8:30 - 9:00	Discussing Sleep with Your Older Patient Melissa Morgan-Gouveia, MD
9:00 - 9:30	So Your 98-Year Old Patient Needs Surgery John Burton, MD
9:30 – 9:50	Panel Discussion Thomas Finucane, MD, Melissa Morgan-Gouveia, MD, and John Burton, MD
9:50 - 10:05	Refreshment Break
10:05 - 10:35	Models of Care: Impact on Health Care George Taler, MD
10:35 – 11:05	Community Based Programs: Keeping our Older Adults Involved Dennis Klima, PT, MS, PhD, SPT, GSC, NCS
11:05 – 11:35	Five Top Journal Articles Colleen Christmas, MD
11:35 – 11:55	Panel Discussion George Taler, MD, Dennis Klima, PT, MS, PhD, SPT, GSC, NCS and Colleen Christmas, MD
12:00	Adjourn
	You will receive an email notification to complete the evaluation form and to attest to the number of hours in attendance.
	The registration desk will remain open during conference hours.

The Johns Hopkins University School of Medicine takes responsibility for the content, quality and scientific integrity of this CME activity.

This schedule is subject to change.

Activity Directors

Jessica Colburn, MD Assistant Professor of Medicine Director, Johns Hopkins Geriatric Workforce Enhancement Program John Burton, MD Activity Director Emeritus Professor of Medicine Co-Director, Johns Hopkins Geriatric Workforce Enhancement Program Jane Marks, RN, MS Associate Director Johns Hopkins Geriatric Workforce Enhancement Program

Planning Committee

Nicole Brandt, PharmD, MBA, BCGP, BCPP, FASCP

Johns Hopkins Bayview Medical Center Executive Director, Peter Lamy Center on Drug Therapy and Aging Professor, University of Maryland School of Pharmacy Danelle Cayea, MD Assistant Professor of Medicine

Colleen Christmas, MD Assiociate Professor of Medicine

Maia Holden, CRNP Hopkins Elder Plus **Stephanie Nothelle, MD** Assistant Professor of Medicine

Carol Perfecto, CRNP Hopkins Elder Plus

Kai Shea, LCSW-C Director of Social Work Johns Hopkins Bayview Medical Center

Johns Hopkins Speakers

*Speakers in the Division of Geriatric Medicine and Gerontology

*Halima Amjad, MD, MPH Assistant Professor of Medicine

*Alicia Arbaje, MD, MPH, PhD Associate Professor of Medicine Director of Transitional Care Research

*Kanwal Awan, MD Clinical Associate in Medicine

Haroon Burhanullah, MD Clinical Associate in Psychiatry

*John Burton, MD Professor of Medicine

Kelly Carnaggio, RN, LDN, CWCN Ambulatory Wound Ostomy Nurse Service

*Colleen Christmas, MD Associate Professor of Medicine

*Jessica Colburn, MD Assistant Professor of Medicine

Avis Crayton, LCSW-C Social Work Supervisor Hopkins Elder Plus

*Thomas Cudjoe, MD, MPH Assistant Professor of Medicine

Danielle Doberman, MD, MPH Assistant Professor of Medicine Michael Fingerhood, MD Associate Professor of Medicine

*Thomas Finucane, MD Professor Emeritus of Medicine

Brian Garibaldi, MD Assistant Professor of Medicine

Khalil Ghanem, MD, PhD Associate Professor of Medicine

Ryan Graddy, MD Assistant Professor of Medicine

*Ariel Green, MD, MPH Assistant Professor of Medicine

*William Greenough, MD Professor of Medicine

Maia Holden, CRNP Hopkins Elder Plus

Naaz Hussain, MD Johns Hopkins Community Physicians

Jin Hui Joo, MD Assistant Professor of Psychiatry and Behavioral Sciences

Tristen Kvedar, MS, OTR/L Johns Hopkins Bayview Specialty Hospital Occupational Therapist Susan Lehmann, MD Associate Professor of Psychiatry and Behavioral Sciences

I. Grace MacEwen, LCSW-C Health Behavior Specialist Johns Hopkins Community Physicians

Philip Magidson, MD Assistant Professor of Emergency Medicine

Rebecca Manno, MD, MHS Assistant Professor of Medicine

Maura McGuire, MD, FACP, CPC Assistant Professor of Medicine

Jessica Merrey, PharmD, MBA, BCACP, BCPS, BCGP Clinical Specialist in Outpatient Pharmacy

*Melissa Morgan-Gouveia, MD Assistant Professor of Medicine

Tyna Nantz, LBSW Johns Hopkins Bayview Specialty Hospital Social Worker

Andrea Nelson, RN, MSN Director of Memory Care Programs Memory and Alzheimer's Treatment Center

Stephanie Nothelle, MD Assistant Professor of Medicine

Johns Hopkins Speakers, Continued

*Speakers in the Division of Geriatric Medicine and Gerontology

*Esther Oh, MD, PhD Associate Professor of Medicine

Carol Perfetto, CRNP Hopkins Elder Plus

*Mattan Schuchman, MD Clinical Associate in Medicine

Satish Shanbhag, MBBS, MPH Assistant Professor of Medicine Clinical Director, Sidney Kimmel Cancer Center Johns Hopkins Bayview Medical Center **Fatima Sheikh, MD** Faculty, Geriatric Medicine

Cynthia Shephard, MSN, RN, CWOCN Nurse Coordinator, Ambulatory Wound Ostomy Nurse Service

Erin VanMeter, PharmD, BCACP Johns Hopkins Community Physicians Ambulatory Care Pharmacy Specialist

James Wright, MD Associate Professor of Urology *Sevil Yasar, MD, PhD Associate Professor of Medicine

Sammy Zakaria, MD, MPH Assistant Professor of Medicine

Guest Speakers

Maria Baxter, MS, CRNP Gilchrist Elder Medical Care Greater Baltimore Medical Center

Nicole Brandt, PharmD, MBA, BCGP, BCPP, FASCP

Executive Director, Peter Lamy Center on Drug Therapy and Aging Professor, University of Maryland School of Pharmacy

Kim Burton, BA Director, Older Adult Program Mental Health Association of Maryland

Ryan Costantino, PharmD, BCPS

Pharmacy Practice Resident Pain and Palliative Care University of Maryland School of Pharmacy

JoAnn Coleman, DNP, ACNP, AOCN, GCN

Clinical Program Director Sinai Center for Geriatric Surgery Sinai Hospital

Mary Dibartolo, PhD, MBA, RN-BC, CNE, FGSA Professor, Salisbury University School of Nursing George Heenawi, MD Director of Geriatrics Medical Director, Center for Successful Aging Medstar Good Samaritan Hospital

Emily Heil, PharmD, BCPS-AQ ID, AAHIVP

Assistant Professor, Infectious Disease University of Maryland School of Pharmacy

Ashleigh Hicks, MD Gilchrist Elder Medical Care Greater Baltimore Medical Center

Dennis Klima, PhD, PT, MS, GCS, NCS Faculty University of Maryland Eastern Shore

Pamela Mahoney, CRNP Center for Successful Aging Medstar Good Samaritan Hospital

Christopher Marano, MD Assistant Professor of Psychiatry, Division of Geriatric Psychiatry University of Maryland School of Medicine Stephanie Ozalas, PharmD, BCPS, BCGP

VA Maryland Health Care System Clinical Assistant Professor University of Maryland School of Pharmacy

Christina Prather, MD Assistant Professor of Medicine George Washington University Washington, DC

Stephen Reich, MD, FAAN Professor of Neurology University of Maryland Medical Center

George Taler, MD

Med-Star House Call Program Professor, Clinical Medicine Geriatrics and Long Term Care, Georgetown University, School of Medicine

Annette Medina-Walpole, MD Chief, Division of Geriatrics and Aging University of Rochester

School of Medicine and Dentistry Rochester, New York

Loretta Woodward Veney Author

46th Annual Edmund G. Beacham Current Topics in Geriatrics March 7 – 9, 2019

To Register: Online: https://hopkinscme.cloud-cme.com/aph.aspx?P=5&EID=14936

Fax: (866) 510-7088

Phone: (410) 502-9636

Or mail this form to the Johns Hopkins University, Office of Continuing Medical Education, 720 Rutland Avenue, Turner Room 20, Baltimore, Maryland 21205-2195. Include e-check or credit card information below

FULL PAYMENT REQUIRED PRIOR TO START OF ACTIVITY.

 $\hfill\square$ I am a Johns Hopkins speaker for this conference

Please type or print clearly:

last name				
		first name		m.i.
highest degree	primary specialty		Hopkins faculty/st	aff only IHED ID
ingnese degree	primary specialty		Hopkins lacuity/st	
For Physicians Only: NPI – 10 digits		State License #		State of License
ABIM#	Birth Month		Birth Day	
□ I provide permission for my MC	C completion information to be shared and	transmitted to the Accreditation Council fo	r Continuing Medical Education (ACCME).
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] I plan to stay at the B	altimore Marriott Inner Har	bor at Camden Yards in Bal	imore, Maryland.	
What do you hope to le	arn by attending this activity	?		
Please notify us if you ha	ave any special needs			
Registration Fees:				
Physicians				\$5
		onals		\$4
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