

GERIATRIC ASSESSMENT INTERDISCIPLINARY TEAM (G.A.I.T)

*No Charge for students to participate in GAIT projects.
Optional hotel, meals, project materials, and travel stipend provided*

GAIT, funded by a University System of Maryland Redeployment Grant to the Geriatrics and Gerontology Education and Research (GGEAR) program at UMB, provides interdisciplinary training opportunities at rural/underserved geriatric care sites for health professions, social work and law students from University System of Maryland programs.

GAIT projects include clinical (team experience with older adults) and didactic learning. Students from different disciplines work collaboratively at geriatrics practice sites. The program provides experiential learning about the value of interprofessional team practice and opportunities in Geriatrics and rural/underserved practice.

GAIT project Agenda includes:

- Introduction to Interprofessional Health Care Teams
- Team Communication Activities; Aging Simulation Activities
- Interprofessional Model to use for Student Team Assessment of assigned older adult(s)
- Presentation related to geriatrics host site Focus Topic
- Review record of person(s) each team will be assessing; Observe person in activities/therapy etc.
- Team Interview of assigned person(s)
- Discussion of Assessment; Follow up Planning; Consult with host site staff
- Complete interdisciplinary team plan, present and discuss with host site staff

Spring 2019 - GAIT PROJECTS with AHEC West

Date	Topic	Location
MARCH 3 and 4 Sunday evening 4:00 – 7:00 pm and Monday 8:00 am – 3:30 pm	PREVENTING READMISSION: Geriatric Rehabilitation to Safe Discharge	Comprehensive Inpatient Rehabilitation Unit Western Maryland Health System Cumberland, MD
MARCH 20 Wednesday 8:00 am – 4:00 pm	LIVING IN THE COMMUNITY WITH DIGNITY AND PURPOSE Partnering with Caregivers to Maximize Independence	DAYBREAK Adult Day Services Frederick, MD
MARCH 28 Thursday 7:45 am – 4:00 pm	ALL-INCLUSIVE CARE FOR OLDER ADULTS Supporting Living in the Community	ELDERPLUS Johns Hopkins Bayview Baltimore, MD

Morning Refreshments and onsite Lunch (dinner in Cumberland) included. (Previous night HOTEL option available))

- **Register Early** (Number of participants, and number from any ONE discipline PER site are limited)
- Additional GAIT projects on Eastern Shore esahecgait@esahec.org

For more information about GAIT go to: <http://www.ahecwest.org/uploads/files/GAIT%20-PPT%20Overview%20updated%20with%20FY17%20FINAL.pdf>

- **Bowie State University** – Nursing, Psychology, Social Work
- **Coppin State University** – Nursing, Psychology, Social Work
- **Frostburg State University** - Nursing, Psychology, Recreation Therapy, Social Work
- **Salisbury University** - Nursing, Psychology, Social Work
- **Towson University** - Gerontology, Health Care Management, Nursing, Occupational Therapy,
 - Physician Assistant, and Speech-Language Pathology
- **University of Baltimore** – Psychology, Law
- **University of Maryland, Baltimore**
 - Dental, Nursing, Medicine, Social Work, Pharmacy, Law, Physical Therapy
- **University of Maryland, Shady Grove** – Nursing, Pharmacy
- **University of Maryland Baltimore County** – Social Work
- **University of Maryland, Eastern Shore**
 - Human Ecology, Pharmacy, Physical Therapy
- **Other Interested Maryland health professions programs students** – tsocha@ahecwest.org

Western Maryland Health System **Comprehensive Inpatient Rehabilitation Unit** facilitates rehabilitation for patients with significant disability restricting ability to function independently but with potential to improve with intensive therapy. Criteria for admission include: patient requires at least 2 therapies (speech/language, physical, occupational therapies) and can participate a minimum of 3 hours per day. Additional services: recreational therapy, medication management, supportive psychotherapy, nutritional consultation, neuropsychology, rehabilitative nursing, and medical care. Health professional team’s goal: prepare the person to successfully return to community and avoid readmission. <https://www.wmhs.com/recovery-support-wmhs/> (140 miles from Baltimore)

Daybreak Adult Day Services offers a safe, structured environment and flexible therapeutic program of services and activities to support older adults of Frederick County living as independently as possible in their homes and communities, with dignity, a sense of purpose and hope. Individual plans of care facilitate participants engaging in all aspects of center life to the best of their abilities. Medical oversight by Daybreak nurses provides participants and families with another set of “eyes”, often identifying concerns before they become crises. A Social Worker is available to help families navigate community resources. A team approach provides the best in person centered care. Services include Senior Center Plus, Medical Adult Day Program, and “Young at Heart” Dementia Program. Transportation, meals, on-site hair salon, rehab services, podiatry, discussion groups, drama club, book club, crafts, gardening, woodworking, bowling, active games, singing, and dancing offered. Panel of family members will share their experiences and the role of Daybreak in providing quality care for their loved one. www.daybreakadulthoodservices.org (55 miles from Baltimore)

Hopkins ElderPlus, Program of All-inclusive Care for the Elderly (PACE) is a voluntary health program designed to provide and coordinate all needed preventive, primary, acute and long-term care services so older individuals can continue living in the community. A care coordination team meets with each participant to develop and manage an individual health care plan, which may include Day Health Care, Physician Care & Supervision, Medications, Medical Equipment, Nursing Care, Rehabilitation, Medical Specialties, Social Work, Transportation, Recreation, Meals, Personal Care, and In-Home Care, to support living in the community. Students attend interprofessional meeting, interview program clients, and discuss the student interprofessional team plan with Elderplus staff. Located at Johns Hopkins Bayview, **Baltimore City** https://www.hopkinsmedicine.org/johns_hopkins_bayview/medical_services/specialty_care/hopkins_elderplus/

AHEC West: Maryland Area Health Education Center West, www.ahecwest.org is a community-based center affiliated with the Maryland Statewide Medical Education and Training System and the Geriatrics and Gerontology Education and Research (GGEAR) Program, www.gerontology.umaryland.edu at the University of Maryland, Baltimore. The AHEC West mission is to improve access to and promote quality in health care through educational partnerships with centers for higher education, community health professionals, and partners in Western Maryland and surrounding communities.

- **Register Early** (Number of participants, and number from any ONE discipline PER site are limited)

<https://www.123formbuilder.com/form-2229752/gait-registration-and-participant-information-form>

****You will receive confirmation and additional materials within 5 days; call/email if you do not**