

GERIATRIC ASSESSMENT INTERDISCIPLINARY TEAM (G.A.I.T) with AHEC West

*No Charge for students to participate in GAIT projects
Optional hotel, meals, project materials, and travel stipend provided*

GAIT, funded by a University System of Maryland Redeployment Grant to the Geriatrics and Gerontology Education and Research (GGEAR) program at UMB, provides interdisciplinary training opportunities at rural/underserved geriatric care sites for students from University System of Maryland programs.

Students from different health professions disciplines work collaboratively at a geriatric care host site. The program provides experiential learning to create enthusiasm for the value of interprofessional team practice, opportunities in Geriatrics, and rural/underserved practice.

GAIT project Agenda includes:

- Introduction to Interprofessional Health Care Teams
- Team Communication Activities; Aging Simulation Activities
- Presentation related to geriatrics host site Focus Topic
- Interprofessional Person Centered model to use for Student Team Assessment of assigned older adult(s)
- Review record of person(s) each team will be assessing; Observe person in activities/therapy etc.
- Team Interview/Assessment of assigned person(s) – usually two host site participants per team
- Discussion of Assessment; Follow up Planning; Consult with host site staff
- Complete interdisciplinary Person Centered team plan for each person, present and discuss with host site staff

Fall 2019 - GAIT PROJECTS with AHEC West

Date	Topic	Location
OCTOBER 17 Thursday <i>8:00 am – 4:00 pm</i>	WELLNESS and ACTIVE AGING: <i>Connectedness for Health</i>	Independent Living Homewood at Williamsport Williamsport, MD
OCTOBER 30 Wednesday <i>8:00 am – 4:00 pm</i>	ASSESSING WHAT IS GOING WELL Collaborating with Caregivers to Keep the GOOD THINGS GOING	DAYBREAK Adult Day Services Frederick, MD
NOVEMBER 15 Friday <i>8:00 am – 4:00 pm</i>	Medical Adult Day Services: MEETING INDIVIDUAL PARTICIPANTS’ NEEDS and SUPPORTING FAMILIES/CAREGIVERS	DIAKON Adult Day Services At Ravenwood Hagerstown, MD
For more information about GAIT: https://ahecwest.org/geriatric-programs/		

✚ *Morning Refreshments and onsite Lunch provided. (No cost for student HOTEL night before if needed)*

➤ **Register Early** (Number of participants, Number from any ONE discipline, PER site are limited)

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- **Bowie State University** – Nursing, Psychology, Social Work
- **Coppin State University** – Nursing, Psychology, Social Work
- **Frostburg State University** - Nursing, Physician Assistant, Psychology, Recreation Therapy, Social Work
- **Salisbury University** - Nursing, Psychology, Social Work
- **Towson University** - Gerontology, Health Care Management, Nursing, Occupational Therapy, Physician Assistant and Speech-Language Pathology
- **University of Baltimore** – Psychology, Law
- **University of Maryland, Baltimore**
 - Dental, Gerontology, Nursing, Medicine, Social Work, Pharmacy, Law, Physical Therapy
- **University of Maryland, Shady Grove** – Nursing, Pharmacy
- **University of Maryland Baltimore County** – Social Work, Psychology, Gerontology
- **University of Maryland, Eastern Shore** - Human Ecology, Pharmacy, Physical Therapy
- **Other Interested Maryland health professions programs students** – contact: tsocha@ahecwest.org

Homewood at Williamsport, a not-for-profit Retirement Community serving the needs of older adults since 1932, includes **Independent Living (residents with whom you will be working)**, Assisted Living, Nursing Home, Home Health Care, and Hospice Services (with Hospice of Washington Co., Inc.) on a 28-acre site. They have a very active multidisciplinary wellness program. *A great opportunity to meet with Older Adults typical of community dwelling older adults; facing Challenges of Aging; but working hard to stay independent. Focus on the many aspects of Wellness and Active Aging.* <http://homewoodwilliamsport.com/> (78 miles from Baltimore)

Daybreak Adult Day Services offers a safe, structured environment and flexible therapeutic program of services and activities to support older adults of Frederick County living as independently as possible in their homes and communities, with dignity, a sense of purpose and hope. Individual plans of care facilitate participants engaging in all aspects of center life to the best of their abilities. Medical oversight by Daybreak nurses provides participants and families with another set of “eyes”, often identifying concerns before they become crises. A Social Worker is available to help families navigate community resources. A team approach provides the best in person centered care. Services include Senior Center Plus, Medical Adult Day Program, and “Young at Heart” Dementia Program. Transportation, meals, on-site hair salon, rehab services, podiatry, discussion groups, drama club, book club, crafts, gardening, woodworking, bowling, active games, singing, and dancing offered. Panel of family members will share their experiences and the role of Daybreak in providing quality care for their loved one. www.daybreakaduldaysservices.org (55 miles from Baltimore)

Diakon Adult Day Services at Ravenwood, Hagerstown, MD provides day services, as an alternative to assisted living or nursing home care, and respite for family and home caregivers. Services support older persons or those with disabilities to remain as independent as possible in the community. Participants receive assistance with daily activities, medication monitoring and administration, therapy and counseling services, social interaction support, activities, transportation, meals and recreational trips. The campus includes independent living, assisted living, and nursing and rehabilitative care. <http://www.diakon.org/Adult-Day-Services/Ravenwood> (70 miles from Baltimore)

AHEC West: Maryland Area Health Education Center West, www.ahecwest.org is a community-based center affiliated with the Maryland Statewide Medical Education and Training System and the Geriatrics and Gerontology Education and Research (GGEAR) Program, www.gerontology.umaryland.edu at the University of Maryland, Baltimore. The AHEC West mission is to improve access to and promote quality in health care through educational partnerships with centers for higher education, community health professionals, and partners in Western Maryland and surrounding communities.

Register Early (Number of participants, and number from any ONE discipline PER site are limited)
<http://www.123formbuilder.com/form-2229752/gait-registration-and-participant-information-form>

****You will receive confirmation within 5 days; call/email if you do not tsocha@ahecwest.org or 301-777-9150**