

## SPECIAL GRAND ROUNDS

Thursday, February 14, 2019 1:00pm – 2:00pm Howard Hall Room 224

**Title:** "Group Exercise to Improve Mobility in Older Adults"

**Speaker**: Jennifer Brach, PhD, Associate Professor, Department of Physical Therapy, University of Pittsburgh, School of Health and Rehabilitation Sciences



## Learning Objectives

- Identify important components of an exercise intervention to improve mobility in communitydwelling older adults.
- 2. Recognize the importance of stakeholder engagement in clinical research.
- 3. Describe the benefit of using hybrid trial designs in translational research.

## Accreditation Statement

The University of Maryland School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

## Credit Statement

The University of Maryland School of Medicine designates this live activity for a maximum of 1 AMA PRA Category 1 Credit $^{\text{TM}}$ . Physicians should claim only the credit commensurate with the extent of their participation in the activity