

# Pain in Older Adults and the End-of-Life: Opening Pandora's Box

## SEMINAR AGENDA

TIME	ACTIVITY
8:00-8:30 a.m.	Registration and Check-in
8:30-9:15 a.m.	<p><b>Opioid Use and Medication Safety in Older Adults: Setting the Stage</b>  <i>Nicole Brandt, PharmD, MBA</i>  <i>Linda Simoni-Wastila, PhD</i>  <i>University of Maryland School of Pharmacy</i></p> <p><b>Objectives:</b></p> <ul style="list-style-type: none"> <li>• Increase participants' awareness to the safety of opioids in older adults.</li> <li>• Describe local and national initiatives to increase awareness to this public health concern.</li> </ul>
9:15-9:45 a.m.	<p><b>Strategies in Establishing Patient-Centered Pain Management Goals</b>  <i>Danielle Doberman, MD, MPH</i>  <i>Johns Hopkins Medicine</i></p> <p><b>Objective:</b></p> <ul style="list-style-type: none"> <li>• Determine strategies for developing appropriate pain management goals in older and end-of-life adults.</li> </ul>
9:45-10:15 a.m.	<p><b>Pain Careplans and Monitoring: Role of the Interprofessional Team</b>  <i>Barbara Resnick, PhD, RN, CRNP, FAAN, FAANP</i>  <i>University of Maryland School of Nursing</i></p> <p><b>Objective:</b></p> <ul style="list-style-type: none"> <li>• Delineate methods of identifying and monitoring pain in older adults and patients near the end-of-life.</li> </ul>
10:15-10:30 a.m.	Break
10:30-11:00 a.m.	<p><b>Mitigating Risks While Optimizing the Benefits of Pharmacologic Agents to Manage Pain</b>  <i>Mary Lynn McPherson, PharmD, MA, MDA, BCPS, CPE</i>  <i>University of Maryland School of Pharmacy</i></p> <p><b>Objective:</b></p> <ul style="list-style-type: none"> <li>• Propose non-pharmacologic and pharmacologic avenues for optimizing pain management in older adults and patients near the end-of-life.</li> </ul>
11:00 a.m. – 12:00 p.m.	<p><b>Town Hall Moderated Discussion with Presenters</b></p> <p><b>Objectives:</b></p> <ul style="list-style-type: none"> <li>• Diminish the risk of creating a medication misadventure while mitigating pain pharmacologically.</li> <li>• Illustrate the importance of collaboration among the interprofessional team to address pain management.</li> </ul>