

Table I: Examples of No-Cost Pain Management Apps

Name of the App	Unique Aspects	Company	Website
Pain Scale	Provides health tips and ways to report to your healthcare team.	Boston Scientific	https://www.painscale.com/
WebMD Mobile Pain Coach	Provides resources to help with pain management with a focus on non-pharmacologic approaches	WebMD	https://www.webmd.com/webmdpai ncoachapp
Pain Coach App for Vets	Specifically for veterans and their caregivers, also how it affects your daily life	U.S. Department of Veteran Affairs	https://mobile.va.gov/content/pain- coach-app-faqs

Table II: Additional Online Training Resources

Education Program Name	Website	
CDC Academic Detailing: Pain Management and Opioid Safety	https://www.train.org/cdctrain/course/1065509/	
Community Care Provider Opioid Safety Initiative	https://www.train.org/cdctrain/course/1073710/	
PCSS-O Core Curriculum Module 10: Keys to Communication Success in Opioid Management	https://www.train.org/cdctrain/course/1070953/	
How Local Public Health is Tackling the Opioid Crisis	https://www.train.org/cdctrain/course/1065714/	