

**WORKING WITH COMMUNITY DWELLING INDIVIDUALS EXPERIENCING COGNITIVE
DECLINE (AND THEIR FAMILIES)**

**A boot camp for professionals working with frail older adults and their
families in community based settings**

Date: Wednesday, June 12, 2019

Time: 8:00am - Noon

Keswick Multicare Center • 700 West 40th Street • Baltimore • MD 21211

Sponsored by:

The Geriatrics and Gerontology Education and Research Program, University of Maryland, Baltimore

The Peter Lamy Center for Drug Therapy and Aging, University of Maryland School of Pharmacy

The Johns Hopkins Geriatric Workforce Enhancement Program

Program Agenda

8:00 – 8:40 **Open Registration and Continental Breakfast**

8:40 – 8:55 **Welcome and Case Presentation**

8:55 – 9:40 **“As Good As It Gets:” Dealing with Dementia at Home**

Elizabeth Galik, PhD, CRNP, FAAN, FAANP, Professor, University of Maryland School of Nursing

This session will review common challenges to health, safety, and quality of life for individuals with dementia who wish to remain at home. Strategies for assessment, prioritization of care needs, bolstering of in home care resources, and when to consider care transitions will be highlighted using a case based approach.

9:40 – 10:25 **Improving Medication Management and Safety through Caregiver Engagement**

Nicole J. Brandt, PharmD, MBA, BCGP, BCPP, FASCP Executive Director, The Peter Lamy Center on Drug Therapy and Aging & Professor, Pharmacy Practice and Science University of Maryland School of Pharmacy

Caregiving presents many challenges, but one of the most commonly cited struggles is medication management. Caregivers consider medication management difficult due to the time it requires, the anxiety it causes from worrying about making mistakes, the lack of involvement from their care recipient, and a lack of confidence in their ability to effectively accomplish the task.

10:25 – 10:40 **Break**

10:40 – 11:25 **Strategies for Engaging in Activities of Daily Life**

Kendra Heatwole Shank, PhD, OTR/L, Assistant Professor and Director, Post-professional Occupational Therapy Doctorate Program , Department of Occupational Therapy and Occupational Sciences, Towson University

Engaging in the necessary and meaningful activities of daily life (ADL) poses a challenge as functional abilities change. This presentation will provide four specific strategies that caregivers and providers can use to promote routines and support function for individuals with dementia. Strategies can be applied in the home, in community settings, and across multiple stages of the disease. The session will examine the connection between ability to engage in ADLs and progression of dementia symptoms; identify communication, task adaptation, and environmental modification strategies to support functional routines in the home; and discuss ways to integrate these strategies into caregiver education and support.

11:25 – 12:00 **Questions and Answers/Group Discussion**

12:00 **Conference Concludes**

Continuing Education Credit

The Geriatrics and Gerontology Education and Research Program, University of Maryland Baltimore is authorized by the Board of Social Work Examiners in Maryland to sponsor social work continuing education programs and maintains full responsibility for this program. This training qualifies for 3 (0.3 CEU) Category I continuing education units.

Certificates of attendance will be available the day of the program.

CEU Certificates will be emailed to participants the following week.

Parking

PARKING FOR THE CONERENCE IS AT THE ROTUNDA GARAGE ON THE UPPER LEVELS FOR MORE THAN TWO HOUR PARKING.

The Rotunda is directly across the street from Keswick Multi-Care Center on W. 40th street.

DO NOT PARK IN THE ROTUNDA'S OPEN PARKING LOT OR YOU WILL BE TOWED.

The garage can be found in the rear of the property. Please bring your ticket to the conference. You will get a validation ticket when you sign in that morning.

There is no shuttle from the garage to Keswick.

If you require handicapped parking, there is provision for handicapped parking at Keswick.