Preceptor Development Module
"Burned Out on Burn Out"
Activity Announcement

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*At the time of recording, Dr. Reed was an Associate Professor at the University of Maryland School of Pharmacy.

Dr. Brent Reed, speaker for this activity, has no financial relationships to disclose.
None of the planners for this activity have any financial relationships to disclose.

Universal Activity Number: 0025-0000-23-111-H04-P

Target Audience: Pharmacy preceptors in all practice settings.

Activity Type: Application

At the conclusion of this application-based activity, the pharmacist will be able to:
1. Distinguish stress and burnout, including the causes of and contributors to each.
2. List signs and symptoms for stress and burnout and validated instruments for measuring each construct.
3. Compare and contrast individual and organizational approaches to trainee well-being.
4. Given a scenario, devise a strategy for mitigating the effects of stress or burnout.

Available as an online module at: https://pharmacy.umaryland.edu/about/offices/elp/online-preceptor-development-modules/

CPE Credit: 1.5 contact hours (0.15 CEUs)

Fee: There is no fee for pharmacy preceptors to participate in this activity.

Instructions for Activity Completion: Preceptors may take this recorded module by clicking on the web link. After viewing the module in its entirety, participants must complete a post-test and complete an activity evaluation in order to receive credit. A record of CE completion will be posted to the participant's CPE Monitor Profile within 60 days of completion of the activity.

Release Date: October 25, 2023; Expiration Date: October 25, 2026

Technology Requirements

Technology	Requirement
Supported Internet Browsers	Latest version of: • Google Chrome • Firefox • MS Edge • Safari
Minimum Memory	2 GB of RAM
Minimum Storage	2 GB (or more)
Minimum Processor	PC: 2 GHz or faster Intel processor MacOS: Multi-core Intel processor
Minimum Internet Speeds	Internet connection with 500+ Kbps
Other	Participants must be able to play audio (either through speakers or headphones) as well as ability, to open PDF files.