

Projects and Publications Updates

Project: Qualitative Investigation of Telemedicine and Sleep Disorder Treatments

Collaborators: Walter Reed National Military Medical Center; Walter Reed Army Institute of Research; Fort Belvoir Community Hospital; and University of Maryland, Baltimore

From September 2019 to January 2020, Moaz and Hillary held focus groups with active duty members with sleep disorders and individual interviews with primary care providers at Walter Reed National Military Medical Center and Fort Belvoir Community Hospital.

The interviews were about how active duty members managed their sleep disorders, what they wanted to see regarding sleep tele-medicine approaches, and how to best design and refine a new tele-sleep tool that can help improve sleep.

Our team will hold 10-12 interviews with healthcare workers to give information on the new tele-sleep tool from a price and function point of view.

