Our Mission
To improve public health by bridging the gap between research and practice through technical assistance and evaluation.

BHRT's expertise includes:
- Research
- Evaluation
- Data Analysis
- Data Visualization
- Survey Development
- Technical Assistance
- Training

Our Team
BHRT team members are skilled in working with organizations to craft needs assessments, identify effective strategies, implement programs and policies, and evaluate activities. The BHRT Program currently serves as the evaluation and technical assistance provider for the Maryland Department of Health.

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Our team works to identify policies that contribute to Adverse Childhood Experiences (ACE’s), define principles of reducing stigma, address social determinants of health in addiction & prevention, and address causes & structural factors for prevention. Additional research interests include medical cannabis, innovative harm reduction approaches, increases in addiction trends due to Covid-19, workforce assessment, academic detailing, societal causes of addiction, and assessment & development of Statewide Communication campaigns.

BHRT has developed and provided resources to the prevention staff in all 24 local jurisdictions on needs assessment, capacity building, strategic planning, implementation of strategies, and evaluation. Through BHRT’s work with the Office of Population Health Improvement, the team has utilized the Strategic Prevention Framework (SPF), a public health planning model, to assist state and local jurisdictions in implementing community-level evidence-based prevention strategies. Throughout the SPF process, states and communities are expected to methodically:

- Assess their prevention needs based on epidemiological data
- Build prevention capacity
- Develop a strategic plan
- Implement effective community prevention programs, policies, and practices
- Evaluate their efforts

BHRT has utilized the SPF model to enhance the state and local prevention capacity by providing technical assistance in the skills needed to follow the SPF process. The local prevention workforce has improved their knowledge and skills through training, resources, and guidance documents provided by BHRT. BHRT aims to guide jurisdictions through technical assistance to try to convey the importance of interventions that target health disparities, provide jurisdictions with knowledge of social determinants of health and impacts on substance use, treatment, and recovery.

BHRT has developed and disseminated two surveys. The Maryland Public Opinion on Opioids (MPOS) was used to assess opioid use in Maryland and the Maryland Young Adult Survey on Alcohol (MYSAA) was used to assess youth and young adult drinking behaviors. Also, BHRT piloted a Workforce Assessment survey to assess Maryland’s Prevention Workforce. The team has developed and delivered webinars focused on CRISP Drug-Related Indicators Dashboard, the use of the Prescription Drug Monitoring Program (PDMP), how to use the data from PDMP to create reports and applications, community of practice calls, and educational webinars specific to the local jurisdiction public health programs. Our team creates and disseminates informational one-pagers, success story one-pagers for OD2A, and guides to address the needs of each jurisdiction.